"Those who misbehave will be taken by the Black Man and distilled water w

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Parents, grandparents, or nannies told children scary stories in earlier centuries to achieve obedience. There was talk of Black Men or "child-eaters" so that the kids would stay away from dangerous places like bodies of water, for example. In Bern, the figure of the so-called "Kindlifresser fountain" still reminds us of this myth today. One would think that with the abundance of information sources such as the press, television, the Internet, and social media, comparable old wives' tales would be a thing of the past today. But far from it. For example, many people are still convinced today that distilled water is harmful or even leads to death. Prof. Dr. med. Hans Oberleithner, director of the Institute for Physiology II at the University of Münster, says: "Medical students in their first semester also often believe that you cannot drink aqua destillata. Until I've driven it out of them", says the doctor laughing. Prof. Dr. Michael From from Berlin's Charité adds with these words: "A healthy person with functioning kidneys would have to drink about 17 liters of it without obtaining electrolytes in another way in between before it really becomes threatening to the body. This so-called water poisoning can, however, also occur with ordinary drinking water." In truth, low-mineral water, such as distilled water, is much more important for the body than mineral-containing drinking water or mineral water. Deposited, contaminated waste substances can be flushed out much more effectively. Dr. Norman Walker recommends in his book "Water and Your Health" a self-experiment: "Try drinking nothing but distilled water for two to three weeks. Have a urine test done before you start. You will be amazed at what mineral deposits you find in your urine after just 3 weeks." These are deposits that, according to numerous scientists, clog the body's tube system and lead to age stiffness, disease, and a shortened life. Information about the life force water as the only dissolving and transport medium for the human body at: https://t.me/truuinfochannel (Dr. Norman Walker lived to be 99 years old.)

Source of quotes Prof. Oberleithner and Prof. From: https://web.archive.org/web/20131219231601/http:/www.charite.de/klinphysio/lehre/ask_y_prof/ask_yo

It's good.
to be truu.