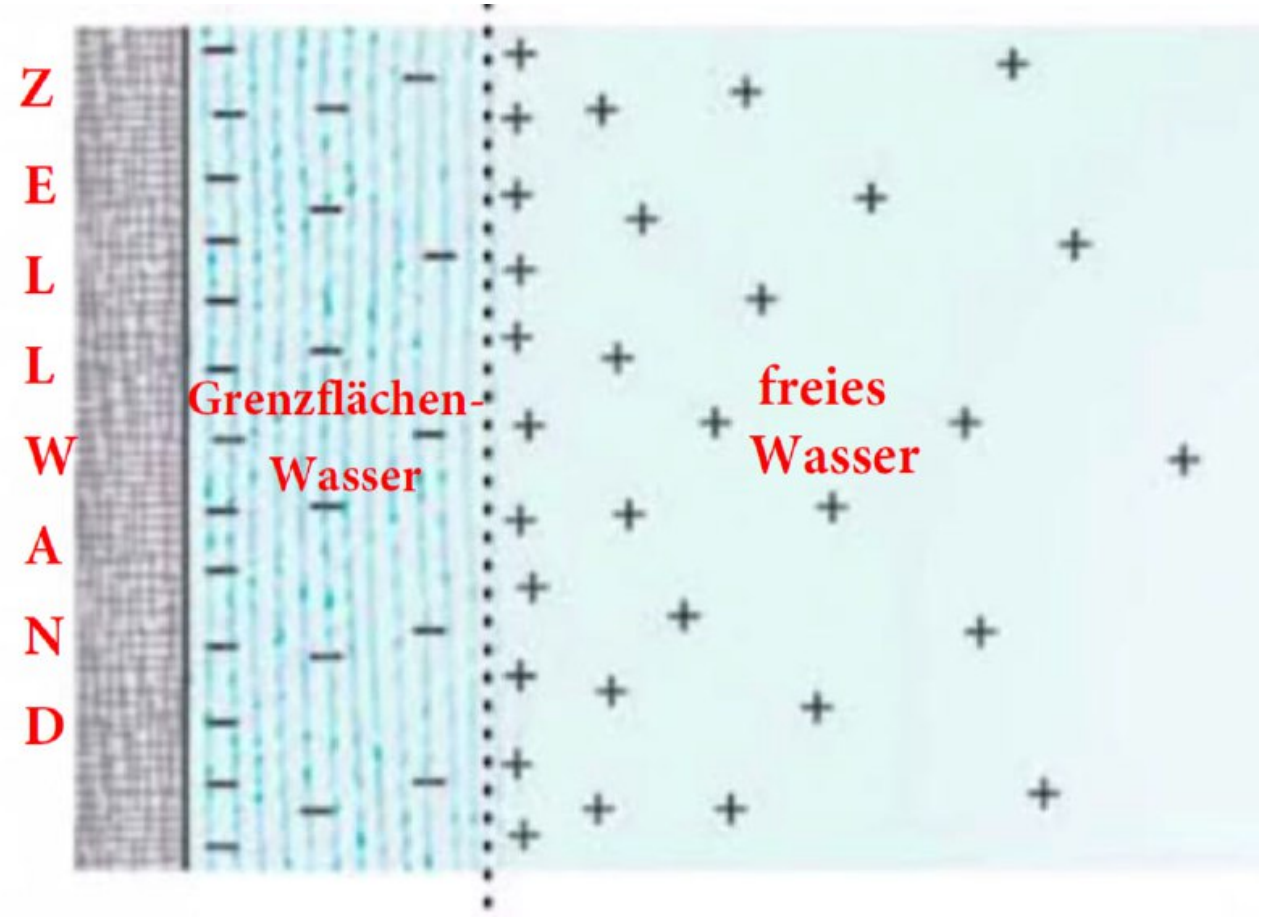
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Interfacial water is a natural phenomenon that has only been researched since 1950 after biophysicists determined that water in biological systems - such as in cells or on proteins - behaves differently than pure water in the laboratory. This is specially structured water that forms directly on cell membranes or other surfaces due to multiple physical forces and

energy sources. It differs significantly from "normal" water in terms of order, density, energy and behavior. Interfacial water potentially has a massive influence on your vitality, at multiple levels that go far beyond classical hydration. It is highly pure water that displaces or excludes any other particles from the immediate area of the cell wall, which is why this area is also called the "exclusion zone" and the water there is called Exclusion Zone Water (EZ water).

For our cells, this water is particularly important because it supports communication, transport and vitality at the molecular level. This knowledge offers the opportunity to actively promote our physical and mental well-being!

Free water (also bulk water) refers to ordinary water, as we know it from the tap - that is, water that can move freely, has no special structure and is not bound to any surface or substance. It is "normal" water outside of cells or without direct contact to biological interfaces. Tap water usually meets the hygienically established limits. However, mechanically and chemically it is contaminated and therefore usually has no living structure, no dynamic order and no natural energy that would be relevant for biological vitality. This is why it is also called "dead water".

Here it goes on

It's good.
to be truu.