Protection from *PFAS currently only through personal initiative

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Since the broadcast of the program: "The deadly chemical PFAS" on March 6 on ProSieben, we have been receiving inquiries about whether and how drinking water can be protected from contamination with PFAS. Newspapers nationwide had taken up the topic and reported on the health hazards of these chemicals in drinking water. The problem: PFAS are virtually indestructible, essentially imperishable, and water utilities do not have the technology to filter these substances from drinking water. PFAS are harmful to health and attack, among other things, the immune system. Users of truu filter systems are demonstrably safe and protected from the intake of PFAS through drinking water.

We reported on this topic in February and October last year. Anyone who would like to have the quality of their tap water tested, for example before and after filtration, can have this testing done by the following institutes: Fresenius, Rietzler-Analytik, the laboratory Agrolab, or by other laboratories. Testing is certainly also recommended when using bottled water!

Those who would like to see the mentioned ProSieben article can access it via this link on "Joyn". The German Federation for the Environment and Nature Conservation (BUND) has published, with support from the Federal Environment Agency (UBA) and the Federal Ministry for the Environment, Nature Conservation and Nuclear Safety (BMUV), a 40-page brochure entitled: "Fluorochemicals persistent, dangerous, avoidable." Page 10 explains why PFAS is a problem for human health, and several studies are cited. It states, for example:

"Particularly serious are the effects on the immune system. Furthermore, the formation of thyroid hormone is already impaired at comparatively low concentrations, and there is clear evidence that PFOA leads to an increased occurrence of testicular and kidney cancer. Multiple studies point to liver damage caused by PFAS. Additionally, other health impairments are described in the literature, for example there is a probable connection between childhood tooth decay and exposure to perfluorodecanoic acid. Bone loss was caused by PFOA even in young men."

Page 14 of the brochure cites studies showing that PFAS enters water bodies through

wastewater. In treatment plants, they are partially bound to sewage sludge, which leads to soil and groundwater contamination when the sewage sludge is used in agriculture. PFAS abrasion is also found here, combined with microplastics from other plastics. Consumers without private precautions are thus permanently exposed to these chemical substances. The use of a high-quality water filter provides reliable protection against all toxins in tap water, whether PFAS, microplastics, and many others.

*Definition of PFAS according to the Federal Environment Agency: PFAS is an abbreviation for per- and polyfluorinated alkyl substances - also known as PFC (per- and polyfluorinated chemicals) or PFT (perfluorinated surfactants). This group of substances comprises more than 4,700 different substances. PFC do not occur naturally.

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