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Protection against nerve damage from aluminum in drinking water as well as detoxification measures:

Tip 1: The use of a powerful water filter protects against aluminum intake and at the same time against countless other harmful and toxic substances in drinking water. More information about this here

Tip 2: According to Prof. Exley, Dr. Klinklinghardt and other experts and physicians in this channel, aluminum elimination from the body is possible with the help of silicic acid when it is used together with cold-pressed coconut oil. Calcium and magnesium should be taken and plenty of pure water should be drunk.

Tip 3: You can find a laboratory at this link where you can have your body's aluminum exposure tested from home for approximately 70 euros.

Lots of benefits for the human body through the use of ultra-pure water, if it is also revitalized after purification, you will find in this channel: https://t.me/truuinfochannel

Also read in this channel: > "Aluminum, as harmful as lead and asbestos" (Prof. Exley)

> "Man-made" aluminum rain over Germany.

> Stupid, forgetful, Alzheimer's, MS, autoimmune diseases...through aluminum in water!

> "It appears that aluminum can transform a cell into a cancer cell." (Dr. Philippa Darbre, cancer researcher)

It's good.
to be truu.