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Whether CO2 is vital plant nutrition or the reason for the end of the world is not what we're addressing here. We compare the CO2 emissions of mineral water with tap water and find: tap water performs approximately 600 times better!

If tap water were drunk for one year instead of mineral water, it would avoid so much CO2 emissions that all of Germany's air traffic would have to remain grounded for 1.5 years to offset the same amount.

In other words: bottled mineral water releases 1.5 times as much CO2 per year as all air traffic within Germany! This is shown by a study commissioned by the non-profit organization "tip:tab". The goal was to find out how much CO2 can be saved if people switch from mineral water to tap water.

It turned out that mineral water already requires many more CO2-intensive process steps in its production than drinking water from the tap. This is because the water undergoes additional cleaning and bottling after treatment.

Furthermore, the production of the corresponding bottles, transport to the supermarket and the journey from there to home all play a role in calculating emissions. The disposal of empty bottles is also part of the process.

Tap water also has the advantage that it is approximately 100 times cheaper than bottled mineral water and does not need to be hauled from the supermarket to home.

And what does the Information Centre German Mineral Water (IDM) say? Despite this devastating result, it flatters itself on its website with the brazen claim: "Natural mineral water and sustainability belong together. The natural product is already today one of the products with the smallest carbon footprint in the food and beverage industry."

The question then arises: is the consumption of tap water safe? Experts who are dependent

on their employment contracts answer quietly with "yes". Independent, more objective experts remind us that well over 1000 different harmful and toxic substances in tap water, including pharmaceutical residues, hormones, industrial chemicals, extremely dangerous PFAS, etc. can be present. However, mineral waters also contain harmful substances.

The CO2 discussion is basically not ours. Environmental protection and health, however, are. The acquisition of a high-quality reverse osmosis filter is therefore the royal road and unbeatable when it comes to the CO2 discussion. Above all, today there are filter systems that provide the purest, toxin-free and revitalized water, the ideal water that makes an enormous difference for humans, animals and plants. More info: https://t.me/truuinfochannel

The study was published by the Berlin company GUT Certifizierungsgesellschaft für Managementsysteme mbH in February 2020. Here's the download link.

It's good.
to be truu.