Book Recommendation

"Water the greatest health secret, the shocking truth about water" Already on the back of the 234-page book it says: "It is also the water that causes premature aging in both humans and ...

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"It is also the water that causes premature aging in both humans and animals. However, it not only leads to premature aging, but humans can suffer from many diseases that are caused during their lifetime by drinking mineral-laden water!"

Dr. Paul C. Bragg and his daughter Dr. Patricia Bragg write that as nutrition and health advisors they treated politicians such as President Harry S. Truman, the English royal family, athletes such as Betty Cuthbert from Australia (4 Olympic gold medals in running and 16 world records), as well as Hollywood stars such as Clint and Maggie Eastwood, Connie Haines, Pamela Mason and many others. In doing so, they helped maintain or restore their health. The book points the way to the awareness of actually consuming pure water. https://t.me/truuinfochannel

It's good.
to be truu.